

ADAPTATION AND VALIDATION OF THE SOCIAL PROBLEM SOLVING INVENTORY FOR HIGHER EDUCATION STUDENTS

Abstract

Social problem solving is a cognitive behavioral process in which the individual learns effective behaviors that make him more likely to select the most effective ones and to evaluate and understand the implications of each action. This study aimed to adapt and validate the Social Problem Solving Inventory and to evaluate its relationship with the Coping Modes Scale. Six hundred students participated in two samples: one with 381 and another with 219, of both sexes, and varied ages undergraduate courses. The results showed a factorial structure of three dimensions and 16 items for the Problem Solving Scale for University Students and a positive association with the Coping Modes Scale. The study contributes to the identification of profiles of Brazilian university students in the process of coping with problems. It is suggested that the scale be applied to other samples, especially to students with low school performance and dropout history.

Keywords: *Social Problem Solving. College Student. Psychological Assessment.*